



Late Summer Triathlon Sunday 26th September 2010

K2 World Class Sports Centre, Crawley
Pease Pottage Hill, Crawley, Sussex, RH11 9BQ

Adult & Novice Sprint Event

Indoor 50m pool, flat ride, X Country run in Tilgate Forest

Event Format				
1	Adult/Junior (17-19yrs)	750m swim	25Km bike	6Km run
2	Novice* (first event ever)	400m swim	25Km bike	4Km run

M&S Vouchers :- £20.00 1st £10.00 2nd £5.00 3rd Male/Female Adult.
£10.00 1st Male/Female Vet (cat 1&2)
£10.00 1st Male/Female Vet (cat 3&4)
1st Male/Female Junior. £15.00
£15.00 1st, £10.00 2nd, £5.00 3rd Male/Female Novice Adult.

**NO ENTRIES ON THE DAY, NO REFUNDS
INTERNET ON LINE ENTRIES AND PAYMENTS ONLY ACCEPTED**

ENTER AT <http://www.triathlon.silkhosts.org.uk/>

Entry Fees: £35.00 (BTF members) £38.00 (non BTF members)
Closing date: 22/09/2010 or when full

*All final instructions, route maps, entry lists and results will only be available on our website, nothing is to be sent in the post.

All entrants in BTF sanctioned events are required to be members of the BTF, which provides them with Civil Liability and Personal Accident Insurance cover whilst taking part in the event. The fee for Non-BTF members includes day membership to the BTF.

Once entered you agree to take part in this event and that the BTF and/or its Agents, Event Organisers and Marshals are not responsible for any injury (inc fatal injury), loss, accident or damage sustained as a result of their participation in this Event. Basic medical cover will be provided on the day

www.crawleytriclub.co.uk

Any queries please e-mail:- events@crawleytriclub.co.uk

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